



## How it Works

Brimming with a combination of organic hemp and natural grains, the CBD Heat Pack is easy to use and ready in minutes. Microwave heating converts the organic hemp into useful CBD and kicks the heat retaining qualities of the flaxseed and wheat into high gear. Treat yourself to this unique product combining the healing impact of CBD with aromatherapy and thermapeutic care. Thoughtfully designed, carefully handcrafted.

Begin heating pack from room temperature only

Place on clean, dry microwave safe plate, allow table to rotate freely

Heat pack 1 minute, add 30 second heating increments as needed

Do not exceed 2 minutes total

**Gently shift mix to evenly distribute heat throughout pack**

Check temperature before use

Spot clean fabric with damp cloth

Do not submerge pack in water or cleaning solutions

Air dry No bleach No iron

Extend the life of your CBD Heat Pack by storing cooled pack in an airtight bag or container, in cool, dry environment

Pack contents may be hot. Protect yourself, exercise caution and common sense when heating and handling. Do not overheat, follow directions. Use properly functioning microwave. Overheating may damage pack. Initiate heating from room temperature. Pack must be clean and dry, free from soil. Only the fabric can be spot cleaned. Do not submerge pack in water or cleaners, inspect pack for damage before and after use. Do not use if damaged. External use only. Contact doctor if you have preexisting conditions or decreased perception of pain or temperature.