

SHARPER IMAGE®

FOOT THERAPY PAD

Item No. 207382

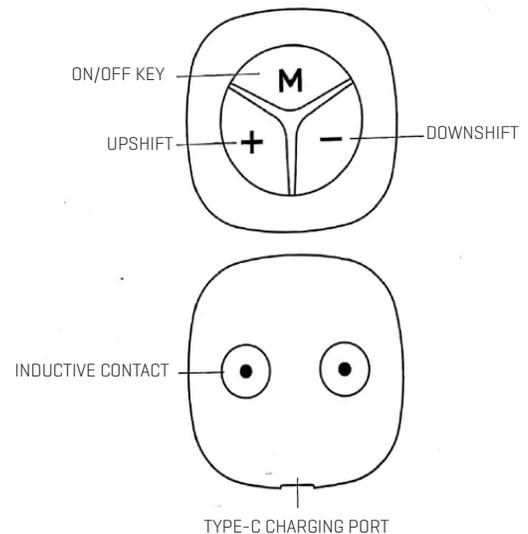
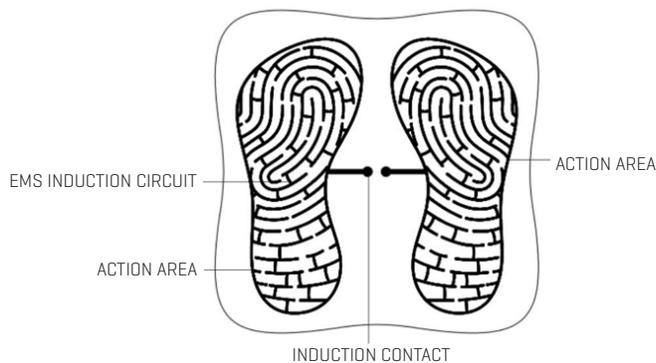
User Guide

Thank you for purchasing the Sharper Image Foot Therapy Pad. For best results, and for your own safety, please read these instructions prior to using this device for the first time. In addition, please store this guide for future reference.

INTRODUCTION

The Foot Therapy Pad uses EMS technology that has been specifically designed for sports medicine. By mimicking bioelectricity, this device directly stimulates the nerves and muscle groups in your feet, causing them to expand and contract. It is ideal for relieving muscle pain and tension.

FOOT MASSAGER PAD



MESSAGE MODES

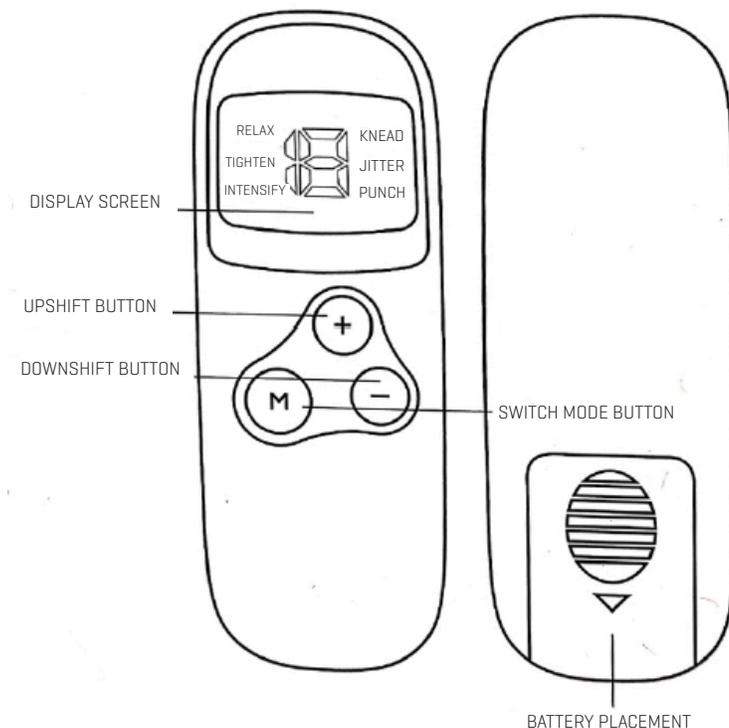
This device features 6 message modes, with 15 intensity settings that can be adjusted via the main unit or the remote control.

Tip: Each mode has a different color indicator. The indicator will flash when the intensity is increased.

Mode	Function	Indicator Color
1	Relax	Green
2	Tighten	White
3	Intensify	Light Blue

Mode	Function	Indicator Color
4	Knead	Red
5	Jitter	Blue
6	Punch	Yellow

REMOTE CONTROL



INSTRUCTIONS

1. Clean your feet and the pad's surface area.
2. Place both feet on the surface area of the pad at the same time.
3. Connect the main unit to the contact points of the Foot Therapy Pad. Press and hold the "M" button on the main unit to turn it on.
4. Select the mode and appropriate intensity setting via the main unit or the remote control. Press the "M" button to switch modes. Press the "+" button to increase/upshift to a higher intensity setting. Press the "-" button to decrease/downshift to a lower intensity setting.
5. Enjoy a relaxing foot massage. [Note: This device is automatically set on a 30-minute timer, which can be adjusted according to personal preference.]

PRACTICE MODE

Warm up your feet

Mode 1: 30 minutes - Low intensity

Strengthen your foot muscles

Mode 2 & 3: 30 minutes - High intensity

Mode 4: 30 minutes - Medium intensity

Deep massage

Mode 5: 30 minutes - High intensity

Mode 6: 30 minutes - Medium intensity

PRECAUTIONS

1. It is recommended that you only use this device once a day.
2. Make sure the pad's surface area is wiped clean before you use the device.
3. Keep your feet on the pad's surface area during a massage. Once your feet are taken off the surface area, the device will need to be restarted.
4. When adjusting the intensity settings, gradually increase the settings until you reach your level of comfort.
5. Only use the provided remote control.

BATTERY ASSEMBLY

1. Open the battery cover.
2. Use a CR2032 lithium-ion battery.
3. Put the side with the "+" symbol face up and insert it gently into the slot.
4. There is typically no need to remove the battery. However, if you need to remove it, use your fingernail or a small, non-metallic object to remove it. Do not damage the battery.
5. Close the battery cover.

CHARGING INSTRUCTIONS

1. You can charge this device with a USB adapter [not included] or by connecting it to your computer's USB port [Adapter specs: 5V-1A].
2. The light indicator turns red while the device is charging. The light indicator will turn off once the device is fully charged.

MAINTENANCE

1. Clean off the pad's surface area after each use. Use a wet tissue or cloth to wipe off sweat.
2. Do not rinse or immerse the device in water.
3. If you don't use this device for an extended period of time, store it safely in a clean, dry area.
4. Do not disassemble or destroy this device.

SPECIFICATIONS

Product name: Foot Therapy Pad

Product model: 207382

Rated voltage: 5V

Battery type: Lithium-ion CR2032

Output current: ≤ 45MA

Recommended ambient temperature during use: 55°-95°F

Pad dimensions: 13" L x 13" W

Product material: Microfiber leather and natural rubber

WARNING

- This product cannot treat undiagnosed pain. Before use, consult a doctor
- Do not use on the face or any areas other than the feet
- Do not use this device in rooms with high humidity (bathrooms, etc.)
- In special cases, it is recommended to use this device under the supervision of a physical therapist
- Do not use while sleeping
- Do not let this device come into contact with jewelry or metal objects
- Do not use this product if it malfunctions
- Please consult a doctor before using this device if you have: Arrhythmia, heart disease, a pacemaker, leg/foot injury, epilepsy, fever, metallic implants, allergies, cancer

WARRANTY/CUSTOMER SERVICE

Sharper Image branded items purchased from SharperImage.com include a 1-year limited replacement warranty. If you have any questions not covered in this guide, please call our Customer Service department at 1 (877) 210-3449. Customer Service agents are available Monday through Friday, 9:00 a.m. to 6:00 p.m. ET.

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