

# O2 Vibe Fitness & Sleep Monitor

## Quick Start Guide



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The **O2 Vibe** has two modes: Sleep and Fitness. Both modes offer continuous blood oxygen saturation (SpO2) and heart rate tracking. Both modes also have customizable vibrating alerts to remind you to walk to meet your step goals or wake you if your SpO2 drops below the threshold you set. The O2 Vibe tracks SpO2, Heart Rate, and Motion during Sleep and SpO2, Heart Rate and Steps during light exercise to help you live a healthy lifestyle



**This product is not a medical device and should not be used to diagnose or treat any medical condition.**



**Do not use this device with MRI equipment as it contains strong ferromagnetic materials.**

### Package Contents

- (1) O2 Vibe Main Unit
- (1) USB Soft FingerRing Sensor
- (1) USB Charging Cable (Micro D)
- (1) Quick Start Guide

### Using O2 Vibe

#### Please charge the battery before the first use

Connect the device to the USB port of your personal computer (PC) using the provided USB Charging Cable until fully charged; typically takes less than 2 hours to fully charge.

### Power ON/OFF Process

Press and hold the button on the side for 1 second to power ON the device, 3 seconds to power OFF the device.

### Download & Install O2 Vibe Mobile Application

Search Apple (iOS devices) or Google (Android devices) Stores for free O2 Vibe application and download to your mobile phone; iPad or Tablet.

### How It Works

1. Put your O2 Vibe on your wrist.
2. Connect the finger ring sensor to the connector on the device.
3. Slide the ring sensor onto your index finger or thumb as pictured.
4. Press the button to turn on the device; then press button again to change the operation mode to Sleep or Fitness you desire. After a few seconds, your readings will begin appearing on the device screen.

### About device screens

SpO2 Oxygen saturation

- ♥ Heart rate
- 🔑 Insert USB Thumb Sensor into O2 Vibe port
- 👉 Slide your finger into the sensor as pictured



Sleep Score is a score from 0 to 100 and based on the number of times and length of time you SpO2 dropped below the threshold you set. The second value is the number of times SpO2 dropped below that threshold during your night of sleep.

O2 7.5 13



### Operation Mode Navigation

The O2 Vibe has two operation modes, Sleep Mode and Fitness Mode, pressing the button allows you to switch between this two modes within seconds after power is turned ON.

	Sleep Mode	Fitness Mode
Symbol		
Screen	Screen goes dark after 2 minutes but is still recording	Always on
Track Steps	No	Yes
Vibrates	When SpO2 is less than threshold set	When SpO2 is less than threshold set OR When step goal is not met
Recording Time	>10 hours	>5 hours

### Sleep Mode

Screen will be dark until you Press button on the side of the O2 Vibe to wake up the application to show status of measurement and results. The screen will go dark after a few seconds of no operation.

### Fitness Mode

Screen is Always On; Press the button to change display to show various measurements and results including steps, HR and SpO2 metrics.

### To Sync Your O2 Vibe Device with Mobile App

1. Turn on your O2 Vibe by pressing button on side and look for Bluetooth icon on your device. 
2. Open the O2 Vibe application on your mobile phone, iPad or Tablet and choose your device listed to establish a Bluetooth connection.
3. Your new records will show updating on your mobile application.

### To View Results and Settings on Mobile App

You can switch on/off vibration, adjust intensity and threshold (SpO2) of vibration in the app. After each measurement or when you turn on the device, the results can be provided in the APP on your phone via Bluetooth. Turn on the Bluetooth of your phone, enter the O2 Vibe APP and choose your device on the screen; your phone will connect automatically.

Note: The O2 Vibe device's Bluetooth will automatically turn on within the first 2 minutes. Or it will turn on automatically after the measurement completes until you power OFF.

### To Upgrade O2 Vibe Device Software

1. Turn ON your O2 Vibe device.
2. Open the O2 Vibe application on your mobile phone, iPad or Tablet and choose your device listed to establish a Bluetooth connection.
3. Touch Device -> Device update -> Update in your O2 Vibe application and wait until update is complete.

### About O2 Vibe Screens

When you turn on the device, screen shows the time, fitness or sleep mode, and battery capacity.



Four seconds later it shows measurement results if you don't perform any action. If there is no measurement results, the pulse rate symbol  will flash.



In Sleep Mode, if the Finger Sensor is disconnected from the device, or the Sensor slips from your finger, it starts countdown from 10 seconds.



If you don't reposition the sensor or insert the plug into the device in 10 seconds, it will stop measuring automatically and show the O2 score and how many times the SpO2 dropped below the threshold. Two minutes later it will automatically power off.



In Fitness Mode if the Finger Sensor is disconnected from the device, or the Sensor slips from your finger, it starts countdown from 30 seconds.



If you don't reposition the sensor or insert the plug into the device in 10 seconds, it will stop measuring automatically and show the O2 score and how many times the SpO2 dropped below the threshold. Two minutes later it will automatically power off

In Fitness Mode, you can press the button on the side of the device to change screen to show the number of steps you have taken.



### Cloud

1. Touch the Cloud icon in the upper right-hand corner of the app, and then create an account.
2. Sign into the O2 Vibe APP, fill in your account and user profile.
3. Data can be synced with the Cloud once you set up your profile. To share data or records you must set up an account under your profile.

### Troubleshooting

Problem	Possible Cause	Possible Solution
Device does not turn on.	Battery may be low.	Charge battery and try again.
	Device might be damaged.	Please contact your local distributor.
The app cannot find the device.	Bluetooth on the device is off.	Establish the Bluetooth connection within 2 minutes after power is on, or after the measurement completes. If still not successful, press and hold the button to restart.
No readings.	Finger positioned wrong.	Reposition or replace finger. Thumb is most recommended.
	Finger is cold.	Warm finger by rubbing.

### Specifications

Weight	35g (main unit)
Size	44x25x15 mm (main unit)
Display	0.69"OLED
Battery	Rechargeable Lithium-polymer
Charge time	2 hours
Wireless	Bluetooth 4.0 BLE
SpO2 range	70% to 100%
Heart Rate range	30 to 250 bpm
Vibrator	Triggered by low oxygenation
Recorded parameters	SpO2, heart rate, steps

### How to contact us?

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