Nox

User Manual for Smart Sleep Light

Sleepace

01 Brief Introduction

Thank you for purchasing this smart sleep light. Nox works by itself or in combination with the Sleepace App and can help you fall asleep easily and wake up naturally with its gentle light and soothing music. It can also monitor your bedroom environment. For more intelligent monitoring as well as assistance with going to sleep or waking up, a smart sleep monitor, like RestOn can be used. The Sleepace App can monitor your sleep data when used by itself and can also provide sleep analysis and sleep tips when used together with Nox.

02 Functions

▶ Nox Smart Sleep Light

Place your Nox Smart Sleep Light on your nightstand and plug it into the wall. The red light, which helps your brain produce melatonin and soothing music and sounds will help you fall asleep faster. In the morning Nox will wake you up slowly at the lightest stage of your sleep by simulating a sunrise gradient effect and by playing soft music. Nox will also monitor your bedroom temperature, humidity, sound, luminosity and other parameters. In addition, Nox also has a USB port to charge your phone, tablet or other electronic devices.

▶ Sleepace App

The Nox Smart Sleep Light works with the Sleepace App and provides daily, weekly, monthly and quarterly reports by analyzing your sleep quality. The App will also render sleep advice and suggestions according to your vital and environmental data. You can follow your relatives and friends' sleep status remotely via the Cloud share

function. The Nox firmware as well as the App are constantly updated and can therefore provide you with more comprehensive sleep health benefits.

▶ Nox and a smart sleep monitor

A smart sleep monitor, like RestOn from Sleepace can monitor your vital parameters during your sleep. When used in combination with Nox, the sleep monitor can analyze your sleep quality comprehensively. Once the monitor has detected that you have fallen asleep, Nox will stop its sleep- aid mode automatically. In the morning, Nox will wake you up with its soft light and soothing sounds as soon as RestOn detects your lightest sleep stage.
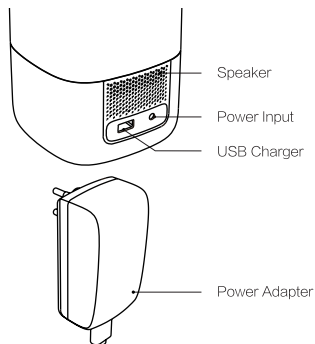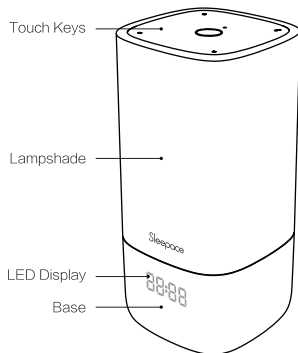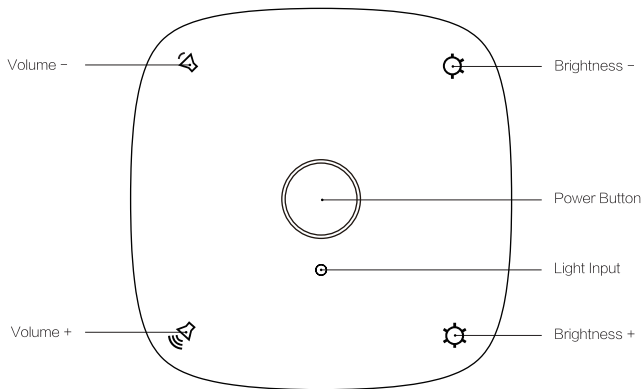
03 Contents

1x Nox
1x Power Adapter (12V, 1.5A)
1x User Manual
1x Warranty Card

Touch Keys

Speaker

Power Input

USB Charger

Lampshade

Sleepace

LED Display

Base

Power Adapter

Nox Overview

Volume –

Brightness –

Volume +

Brightness +

Power Button

Light Input

Nox Touch Keys

Wi- Fi

Clock

Nox LED Display

04 User Requirements

▶ **Wi-Fi Router**

You will need a Wi- Fi router to set the sleep light system, update your firmware and to upload sleep data.

▶ **Installation of App**

There are three ways to download the Sleepace App:
1. Scan the QR Code.

2. Download via www.mysleepace.com.
3. Search " Sleepace " in GooglePlay or iTunes store for download .

You will need a smart phone with Bluetooth 4.0 that supports iOS 7.1 or later or Android 4.3 or later.

05 Installation Guide

Put Nox on your nightstand and plug it into the wall.
Make sure the power cord is plugged into Nox as well.
Once you power on Nox, the LED should display " 88:88 "to let you know that you
have successfully installed Nox.
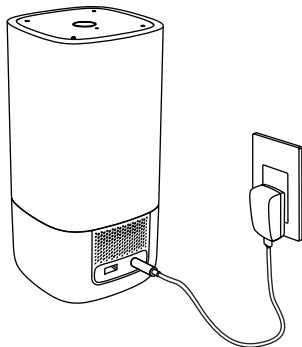
Power Supply Connection   LED Display

06 User Manual

▶ Test Mode

As soon as Nox is turned on, the display will be showing"88:88". This means that Nox is in test mode. To turn on the light, touch the button on top of the lamp. Touch the center button again to turn off Nox.

Touch the center button for 3 seconds to switch to the Sleep- aid mode. The Sleep- aid music as well as a red light will come on. A slight touch of the center button will stop the Sleep- aid mode.
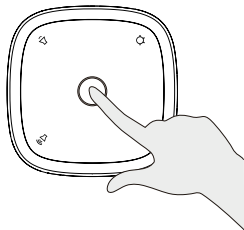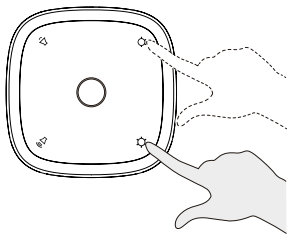

Touch to Power On/Off
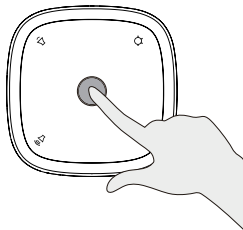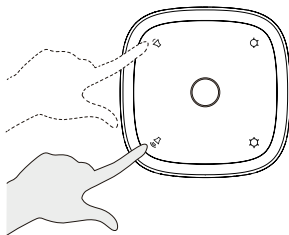

Touch to switch to sleep-aid mode

Touch Volume + / Volume – to adjust the volume.
Touch Brightness + / Brightness – to adjust the brightness.
More functions can be accessed through the Sleepace App.

Touch to adjust the brightness(✿/✿)   Touch to adjust the volume(♫/♫)

▶ Connect Nox to the Internet

When Nox is in test mode, please log into your Sleepace App. If you connect Nox after you have registered or logged in to the App, the App will prompt you to press Volume + and Brightness + at the same time for the one– key set– up mode of Nox. When the LED display shows "00:00", you can choose your network, enter your password and connect to your Wi– Fi through the App.

Should the one– key set– up fail, you can also select the network through the App in the Manual mode. Press Volume– and Brightness– at the same time; once the LED display shows ":" go to the settings in your phone and select the Wi– Fi hotspot

"Sleepace Nox" (you can skip this step for Android). Go back to the Sleepace App, choose your network, enter your password and connect to your Wi-Fi.

One- key set- up mode(☄+✿)   Manual set- up mode(⚖+✿)
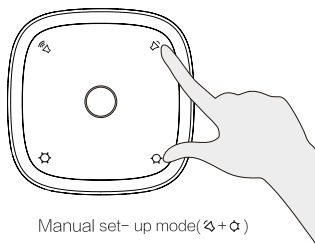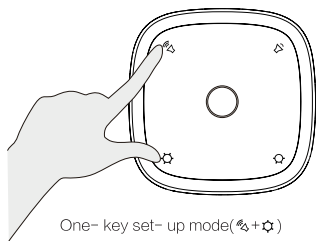
※Important: The Sleepace App will only work properly if Nox and your smart phone are both connected to your Wi-Fi.

0000
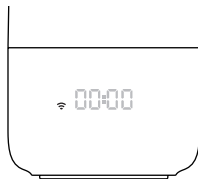
Successfully connected

▶ Daily Operation of Nox

Slightly touch the center button on top to turn on the lamp. Touch Brightness + or Brightness – to adjust the brightness. Touch the center button again to turn Nox off.

▶ Nox Sleep–aid Set–up

Nox's Sleep–aid setting will help you fall asleep easily with its soothing lights and music. You can also customize the settings and change the music and/or sound and light through the Sleepace App.

Nox supports 3 sleep–aid modes:

● Sleep–aid Timer: Touch the center button for 3 seconds to access the Sleep–aid mode; set the time when you want the Sleep–aid mode to stop from the App. Once set up, Sleep–aid mode will stop automatically at the set time.

● Smart Sleep–aid mode 1: Simply start monitoring by pushing 'start sleep' in the App. Nox will start the Sleep–aid mode and automatically stop it once it has detected that you have fallen asleep. Do not stop the Sleepace App in this mode.

● Smart Sleep–aid mode 2 (for the smart sleep system): Simply start monitoring by pushing 'start sleep' in the App. Nox will start the Sleep–aid mode and automatically stop it once the smart sleep monitor detected that you have fallen asleep. Do not stop the Sleepace App in this mode.

Once you have started the Sleep–aid mode, touch Volume + / Volume – to adjust the volume and Brightness + / Brightness – to adjust the brightness. Touch the center button to stop the Sleep–aid mode. You can also change the settings through the Sleepace App.

▶ Nox Smart Alarm Set–up

The Nox Smart Alarm feature can wake you up naturally with light and music; you can

customize the wake up music or sound as well as the light from your Sleepace App. Nox supports 3 Smart Alarm modes:

- Alarm Timer: Simply set your desired alarm time from the Sleepace App.
- Smart Alarm mode 1: Set the alarm through the App. Nox will wake you up automatically within 30 minutes of your set alarm time when you are at the lightest stage of your sleep in the morning. In case you are not in a light sleep phase within the range, Nox will wake you at your set time. Do not stop the Sleepace App in this mode.
- Smart Alarm mode 2 (for smart sleep system): Set the alarm through the App. Smart sleep monitor's sleep monitoring function will let Nox know when you are at the lightest stage of your sleep in the morning so Nox can wake you up at the right time for you. In case you are not in a light sleep phase within the range, Nox will wake you at your set time. Do not stop the Sleepace App in this mode.
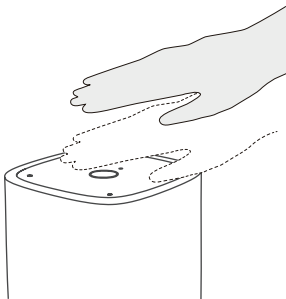
Tap to snooze

Push the center button to turn off the alarm. You can also turn it off through the Sleepace App. To snooze, just slightly tap the top, Nox will resume the alarm again later.

▶ Nox Charger

Nox has a USB port with an output of 5V– 1A that lets you charge your electronic devices. Simply connect your device with the USB port and Nox will charge your device.
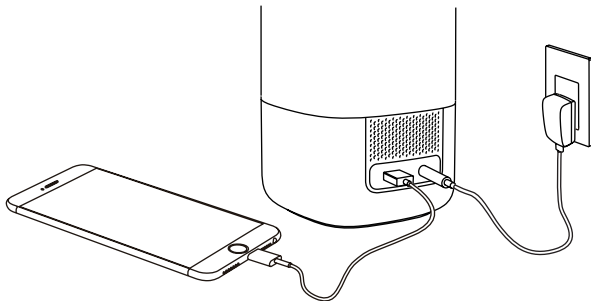
Nox Charger

▶ Sleepace App User Guide

Please log into the Sleepace App to check your daily, weekly, monthly or quarterly sleep report. The App will analyze your sleep and provide suggestions according to your sleep status and environment parameters.

The Sleepace App supports smart phones to monitor your sleep quality. The App in conjunction with Nox can be used as a sleep- aid as well as a smart alarm.

▶ Nox Touch Keys

Feature	Action
Power On / Off	Touch the center button once
Turn On Sleep-aid Mode	Touch the center button for 3 seconds
Turn Off Sleep-aid Mode	Slightly touch the center button once
One-touch Set-up	Simultaneously touch Volume + and Brightness + for 3 seconds
Manual Set-up	Simultaneously touch Volume- and Brightness- for 3 seconds
Adjust Brightness	Touch Brightness + or Brightness -
Adjust Volume	Touch Volume + or Volume -
Turn Off Alarm After Waking Up	Slightly touch the center button once
Snooze	Tap the top once

▶ Nox LED Display

Status	Display
Test Mode	Clock shows "88:88"
Wi-Fi Connected	Clock shows time, Wi- Fi icon lights up
Turn On Sleep Mode	Clock shows time
Turn Off Sleep Mode	Clock shows time
Start Wake Up Mode	Clock shows time, alarm icon lights up
Turn Off Wake Up	Clock shows time
Snooze	Clock shows time, the middle ":" flashes
Go To One-key Set-up	Clock shows "00:00"
Go To Manual Set-up	Clock shows ":"

07 Specifications

Model	N101
Size	4.02 x 4.02 x 8.09 inches
Weight	23oz
Color	Grey
Data transmission	Wi- Fi, Bluetooth 4.0（33ft. reach indoors）
Power	15W
Rated input	100~240V 50/60Hz 0.6A
Output	12V 1.5A
Lifetime	25,000 hours
Color	16.7 billion
USB output	5V 1A
Display	Time, Wi- Fi connection

08 FAQs

Problem	Symptom	Solution
App does not control Nox	1. Nox is not turned on 2. Nox is not connected to the Internet 3. Smart phone is not connected to the Internet	1.Please ensure Nox is powered on 2.Connect Nox to the Internet 3.Make sure your smart phone is connected to the Internet
Unable to register account	Smart phone is disconnected from the Internet	Please connect to your Wi- Fi or open GPRS

09 Safety Notice

- Please read the user manual and the safety notices on the lamp carefully to avoid potential dangers. Please use the lamp according to the instructions.
- Device should only be used at the predetermined voltage and frequency; the lamp is for indoor use only and should not be used outdoors.
- In case of any unexpected occurrences, stop using Nox immediately, cut off the power and check the device.
- Recommended usage temperature range is between 14° F and 113° F.
- Nox is not waterproof.

- Avoid turning the device upside down.
- Please unplug the power if you do not use Nox for an extended period of time.
- Due to the used enclosure material, the Nox smart sleep light shall only be connected to a USB Interface of version 2.0 or higher. The connection to so called power USB is prohibited.
- The adapter shall be installed near the equipment and shall be easily accessible.
- This charger is for indoor use only.
- EU Regulatory Conformance
  Hereby,Shenzhen Medica Technology Development Co ., Ltd declares that this device is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.
- Do not use the Nox smart sleep light in the environment at too high or too low temperature,never expose the mobile phone under strong sunshine or too wet environment. The suitable temperature for the phone is 0~40℃ .
- Observe the local regulations on Nox smart sleep light packaging, battery and used Nox smart sleep light disposal and bring them to the collection point for proper recycling. Do not dispose of used phones or batteries in a household rubbish bin.
  Please take your used, unwanted lithium batteries to a designated place. Do not dispose of them in a rubbish bin.
- RF exposure information: The Maximum Permissible Exposure (MPE) level has been calculated based on a distance of d=20 cm between the device and the human body. To maintain compliance with RF exposure requirement, use product that maintain a 20cm distance between the device and human body.
  Federal Communication Commission (FCC) Radiation Exposure Statement
  When using the product, maintain a distance of 20cm from the body to ensure compliance with RF exposure requirements.

FCC statements:

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications or changes to this equipment. Such modifications or changes could void the user' s authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

$$C\,E\,0700$$

10 Appendix

Sleepace reserves the right, without prior notice, to make changes and improvements of the product description in this document.

The content of this manual is provided by the manufacturer. Unless an applicable law provides, the document does not make any kind of promises regarding the accuracy, reliability and content.

This manual is protected by copyright laws and regulations, any reproduction in any form, transmission, distribution and use of any of the contents of this manual without written permission is prohibited.

Shenzhen Medica Technology Development Co ., Ltd.

Nox Warranty

Nox consists of a lamp, a power cable with adapter, and a mobile App, which must be downloaded separately. This Limited Warranty covers ONLY the lamp and adapter.

◆ Limited Warranty

This limited warranty covers any defects in material or workmanship under normal use. It does not cover normal wear and tear or damage of the product resulting from negligence, unauthorized modification, repair or disassembly, water, natural disaster or theft or loss of the product. The warranty period for Nox and all of Sleepace's products is one year from the date of purchase.

◆ Returns

Returns for any reason other than a defective unit will be honored for free for 15 days after the purchase. In case of a defective product, customers may return the unit during the one-year warranty period for a replacement or a partial or full refund of the amount paid. We will replace the defective unit at our sole discretion with a new or refurbished one. If we replace your product, the replaced product will continue to be warranted for the remaining time of the initial warranty period. All returned parts for which a refund or replacement was issued will become the property of Sleepace.

◆ Exchange a Defective Unit/ Warranty Claims

In order to make a warranty claim, customers must obtain a Return Merchant Authorization (RMA) from Sleepace and present the following: (a) the model number of your product, (b) your full address and contact information and (c) your proof of purchase. The product must be returned in its original packaging including its original accessories. Customers are responsible for paying the shipping costs for returning the item. Shipping costs are non-refundable. Contact customer support at support@mysleepace.com for more information.

◆ Refunds

Refunds are only granted for up to 90 days from purchase date. Once we have received the defective item, your refund will be processed, and a credit will automatically be applied to your credit card or original method of payment.

◆ Consumer Protection

This limited warranty is the only express warranty Sleepace provides for Nox, and the above remedy is your sole remedy. To the maximum extent permitted by applicable law, Sleepace expressly disclaims all other warranties and remedies of any kind, whether express, statutory, or implied. Except that any implied warranties of merchantability and fitness for particular purpose are limited in duration to the one-year period of the express warranty.

◆ Limitations and Exclusions

You expressly understand and agree that, to the maximum extent permitted by applicable law, Sleepace shall not be liable to you under any theory of liability, whether contract, tort (including negligence) or otherwise for any indirect, incidental, special, consequential, or exemplary damages that may be incurred by you in connection with Nox or these terms, including any loss of data, whether or not Sleepace or its representatives have been advised of or should have been aware of the possibility of any such losses arising. You expressly understand and agree that, to the maximum extent permitted by applicable law, Sleepace's total liability in connection with Nox or this limited warranty will not exceed the purchase price that you actually paid for your Nox. Some states do not allow the exclusion or limitation of incidental or consequential damages, or allow limitations on how long an implied warranty lasts, so the above limitations or exclusions may not apply to you. This warranty gives you specific legal rights, and you may also have other rights that vary from state to state.

No employee or representative of Sleepace or any third party is authorized to modify, extend, or add to this Limited Warranty. If any term for this Limited Warranty is held to be illegal or unenforceable, the remaining terms of this Limited Warranty will remain in full force and effect.